

You Only Younger

7002 Riverbrook Dr #700
Sugar Land, TX 77479
281-937-7537

Post-Injection

- Apply an ice pack or cold compress gently to the injection area after treatment to help reduce swelling. If swelling or redness persists too long, please contact your practitioner.
- It is normal to feel “firmness” in your injection area for the first few days after treatment. Over time, the area will soften, leaving you a soft, natural-looking result.
- Many patients return to their normal routine/activities immediately. However, you should refrain from alcohol intake for 48 hours post injection to minimize your risk of bruising. You should also refrain from strenuous activity as the elevation in heart rate and blood pressure can increase your risk of bruising and swelling.
- Makeup may be applied shortly after treatment if no complications are present. Apply makeup gently, avoiding strenuous rubbing of the injection area.
- The injection area may also be gently washed a few hours after treatment, avoiding aggressive scrubbing or rubbing.
- Sunbathing, or excessive UV exposure should be avoided until the redness or swelling have subsided.
- Avoid facials, chemical peels, microdermabrasions and laser treatments for two weeks following injection.
- Apply the Auriderm cream you were given at your appointment, liberally 4-5 times per day to minimize bruising. You can buy more at our office if needed.
- Schedule your two week follow-up appointment.
- Call our office at 281-937-7537 with any questions or concerns you may have after the treatment. **Our afterhours emergency line is (281) 417-8992.**